

Prepared Meals from our Kitchen



APM Classics & International Flavors

- Burgundy Braised Short Ribs
- American Shepherd's Pie
- Mac & Cheese
- Chicken Pot Pie
- Turkey Ricotta Meatballs
- Swedish Meatballs
- German Sausage Plate
- Southwest Pork Tenderloin
- East LA Chicken
- Puebla Grilled Chicken
- New Mexico Fire Roasted Pork
- Korean Tri Tip Kabob
- Chicken Lemongrass Potstickers

Italian Favorites

- Chicken Marsala
- Chicken Picatta
- Chicken Parmesan
- Chicken Primavera
- Veal Parmesan
- Sausage & Peppers
- Aunt Shirley's Meatballs
- Italian Ricotta Meatballs
- Scampi Risotto
- Wild Mushroom Risotto

BBQ Central

- Smoked BBQ Ribs
- Cowboy Baked Beans
- Mesquite BBQ Chicken
- BBQ Pulled Pork
- Buttermilk Fried Chicken
- Corn Bread
- Southwest Turkey Pot Pie
- Mac & Cheese
- Chorizo Meatloaf
- BBQ Beef & Bacon Meatloaf
- Buttermilk Chicken Tenders

See next page for
Salads, Soups,
Vegan and Paleo Foods



Items listed in green are lean meals / sides. VG = Vegan GF= Gluten Free LC=Low Carb

Please note: Supplies vary depending on demand and scheduled deliveries. This list is based on our current stock, it may be different by the weekend. You may call the store before you arrive to check on availability of specific items.

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Soups & Sides

- Roasted Carrot Medley
- Yukon Mashed Potatoes
- Creamed Spinach
- Cauliflower & Artichoke Mash
- Potato Gnocchi
- English Peas
- Shrimp Cocktail
- Mulligatawny Soup
- Split Pea & Smoked Bacon Soup
- Smokey Pepper Shrimp Orzo Soup
- Classic Beef Stew
- Classic Lentil

Salads & Smoothie Mixes

- Baby Gem Salad
- Kitchen Sink Salad
- BLT Pasta Salad
- Mediterranean Orzo Salad
- Santa Fe Corn Salad
- **Fruit & Smoothie Mixes:**
- Berry Blast
- Tropical Paradise
- Melon Madness
- Blueberry Chia Honey
- Strawberry Mango
- Citrus Blast
- Mixed Fruit Salad

Vegetarian, Vegan & Paleo Friendly

- Pesto Shrimp & Farro
- Millet Tabbouleh (VG, GF)
- Beefy Stuffed Chicken
- Korean Beef Bowl
- Chicken Bowl
- Apricot Freekah
- Sweet Potato Gnocchi
- Spinach Potstickers
- Hummus & Handmade Pita



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