

Prepared Meals from our Kitchen



APM Classics & International Flavors

- Burgundy Braised Short Ribs
- Mexican Meatloaf
- Summer Harvest Chicken
- Grilled Pork with Artichoke Cream
- Apricot Glazed Fiesta Chicken
- Sihui Maple Soy Glaze Pork
- Chicken Pot Pie
- Quiche
- Chicken Lemongrass Potsickers

Italian Favorites

- Chicken Marsala
- Chicken Parmesan
- Vitello with Funghi
- Sausage & Peppers
- Aunt Shirley's Meatballs
- Risotto Milanese
- Summer Grilled Vegetables
- Turkey Ricotta Meatballs
- Calzone with Marinara

BBQ Central

- Smoked Baby Back Ribs
- Cowboy Baked Beans
- Mesquite BBQ Chicken
- BBQ Pulled Pork
- Buttermilk Fried Chicken
- Corn Bread
- Southwest Veggie Quesadilla
- Mac & Cheese
- BBQ Beef & Bacon Meatloaf
- Buttermilk Chicken Tenders

See next page for
Salads, Soups,
Vegan and Paleo Foods



Items listed in green are lean meals / sides. VG = Vegan GF= Gluten Free LC=Low Carb

Please note: Supplies vary depending on demand and scheduled deliveries. This list is based on our current stock, it may be different by the weekend. You may call the store before you arrive to check on availability of specific items.

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Soups, Sides & Dips

- Macaroni & Cheese
- Yukon Mashed Potatoes
- Creamed Spinach
- Cauliflower & Artichoke Mash
- Shrimp Cocktail
- Turkey Chili
- Kale & White Bean Soup
- Italian Chicken Soup
- **Dips:**
 - 5 Layer Mexican Dip
 - Spinach Artichoke
 - Buffalo Bleu Cheese

Salads & Smoothie Mixes

- Jicama Slaw
- BLT Pasta Salad
- Santa Fe Black Bean & Corn
- Provençal Edamame Salad
- Apple Bacon Slaw
- Tricolor Tortellini Pesto
- Mediterranean Orzo Salad
- Greek Farro Salad
- Ginger Siracha Veggie Slaw
- Multibean Salad
- **Fruit & Smoothie Mixes:**
 - Berry Blast
 - Mixed Fruit Salad

Vegetarian, Vegan & Paleo Friendly

- Eggplant Involtini (GF, LC)
- Chicken Puttanesca (GF, LC)
- Millet Tabbouleh (VG, GF)
- Smokey Roasted Mushrooms
- Summer Veggie Couscous
- Polenta Verona (Vegetarian)
- Moroccan Vegetable Stew (Vegetarian)
- Broccoli & Cauliflower Tempura
- Pad Thai Salad



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