

Prepared Meals from our Kitchen



APM Classics & International Flavors

- Veal Saltimbocca
- Beef Stew
- Salisbury Steak
- Burgundy Braised Short Ribs
- Coconut Curried Chicken
- Short Rib Beef Pot Pie
- Shepherd's Pie
- Assorted Quiche

Italian Favorites

- Penne a la Vodka
- Chicken Cacciatore
- Chicken Parmesan
- Chicken Picatta
- Stuffed Shells
- Sausage & Peppers
- Aunt Shirley's Meatballs
- Turkey Ricotta Meatballs
- Wild Mushroom Risotto
- Risotto Milanese

BBQ Central

- Smoked Baby Back Ribs
- BBQ Beef & Bacon Meatloaf
- BBQ Pulled Pork
- Corn Bread
- Mac & Cheese
- Buttermilk Chicken Tenders

See next page for
Salads, Soups,
Vegan and Paleo Foods



Items listed in green are lean meals / sides. VG = Vegan GF= Gluten Free LC=Low Carb

Please note: Supplies vary depending on demand and scheduled deliveries. This list is based on our current stock, it may be different by the weekend. You may call the store before you arrive to check on availability of specific items.

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Sides & Dips

- Scalloped Potatoes
- **Roasted Butternut Squash**
- Butternut Squash & Kale Risotto
- Creamed Spinach
- Yukon Mashed Potatoes
- Cauliflower & Artichoke Mash
- Maryland Crab Cakes
- Shrimp Cocktail
- **Dips:**
 - 5 Layer Mexican Dip
 - Spinach Artichoke
 - Buffalo Bleu Cheese Dip

Salads & Slaws

- Fall Harvest Pasta Salad
- Autumn Roast Salad
- New England Orzo Salad
- APM Macaroni Salad
- APM Potato Salad
- BLT Pasta Salad
- Mozzarella, Tomato & Basil
- Mediterranean Orzo Salad
- Chipotle Pesto Tortellini Salad
- **Soups:**
 - Double Prime Chili
 - Beef & Vegetable Soup
 - Broccoli Cheddar
 - New England Clam Chowder
 - Mediterranean Chickpea & Kale

Vegetarian, Vegan & Paleo Friendly

- **Autumn Fruit & Grain (V, GF)**
- **Provençal Edamame Salad**
- **Sweet Potato & Quinoa (LC, V)**
- **Kale & White Bean Salad**
- **Multigrain Pistachio Salad (V)**
- Santa Fe Black Bean & Corn



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