

Prepared Meals from our Kitchen



APM Classics & International Flavors

- Louisiana Cajun Gumbo
- Roasted Pork Loin
- Kielbasa & Pierogis
- Smoked Half Chicken
- Beef Short Rib Pie
- Coconut Chicken Curry
- Burgundy Braised Short Ribs
- Chicken Pot Pie
- Shepherd's Pie
- Assorted Quiche

Italian Favorites

- Chicken Florentine
- Penne a la Vodka
- Chicken Parmesan
- Manicotti
- Sausage & Peppers
- Aunt Shirley's Meatballs
- Wild Mushroom Risotto

BBQ Central

- Smoked Baby Back Ribs
- Assorted Chicken Wings
- BBQ Beef & Bacon Meatloaf
- BBQ Pulled Pork
- Mesquite BBQ Pulled Chicken
- Corn Bread
- Mac & Cheese
- Southwest Grilled Quesadilla

See next page for
Salads, Soups,
Vegan and Paleo Foods



Items listed in green are lean meals / sides. VG = Vegan GF= Gluten Free LC=Low Carb

Please note: Supplies vary depending on demand and scheduled deliveries. This list is based on our current stock, it may be different by the weekend. You may call the store before you arrive to check on availability of specific items.

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Sides & Dips

- Tuscan Parmesan Potatoes
- Chicken Lemongrass Potstickers
- Pork Fried Rice
- Scalloped Potatoes
- Creamed Spinach
- Yukon Mashed Potatoes
- Cauliflower & Artichoke Mash
- Shrimp Cocktail
- Maryland Crab Cakes
- **Dips:**
 - Spinach Artichoke
 - Buffalo Bleu Cheese
 - Mexican Five Layer Fiesta

Salads & Slaws

- Fall Harvest Pasta Salad
- BLT Pasta Salad
- Mozzarella, Tomato & Basil
- Mediterranean Orzo Salad
- Chipotle Pesto Tortellini Salad
- **Soups:**
 - Sausage, Kale & White Bean Soup
 - Sausage & White Bean Chili
 - Beef & Belly Chili
 - Maine Lobster Bisque
 - Soba Noodle Vegetable Soup
 - Tomato Bisque
 - Broccoli Cheddar
 - New England Clam Chowder

Vegetarian, Vegan & Paleo Friendly

- Multigrain Pistachio Salad (V, GF)
- Sweet Potato & Quinoa (LC, V)
- Kale & White Bean Salad
- Fruit & Grain Salad (LC, V)
- Santa Fe Black Bean & Corn (GF)



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