

Prepared Meals from our Kitchen



APM Classics & International Flavors

- Assorted Quiche
- American Shepherd's Pie
- Buttermilk Chicken Tenders
- Burgundy Braised Short Ribs
- Beef Short Rib Pot Pie
- Chicken Lemongrass Pot Stickers
- Irish Shepherd's Pie
- Massaman Coconut Curry
- Shrimp Cocktail
- Stout Braised Lamb Shank
- Southwest Chicken & Sausage Quesadilla
- Whiskey Lemon Chicken

Italian Favorites

- Chicken Parmesan
- Chicken Piccata
- Italian Sausage & Peppers
- Penne a la Vodka
- Risotto Milanese
- Squash & Kale Risotto

BBQ Central

- BBQ Beef & Bacon Meatloaf
- BBQ Pulled Pork
- BBQ Shredded Chicken
- Smoked Baby Back Ribs
- Mac & Cheese
- Corn Bread Muffins

See next
page for
Salads,
Soups,
Vegan and
Paleo Foods



Items listed in green are lean meals / sides. VG = Vegan GF= Gluten Free LC=Low Carb

Please note: Supplies vary depending on demand and scheduled deliveries. This list is based on our current stock, it may be different by the weekend. You may call the store before you arrive to check on availability of specific items.

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Sides

- Bacon Roasted Potatoes
- Creamed Spinach
- Yukon Gold Mashed Potatoes
- Kung Pao Brussels Sprouts

Dips

- Spinach Artichoke
- Buffalo Bleu Cheese
- Mexican Five Layer Fiesta

Salads & Slaws

- Apple Bacon Slaw
- BLT Pasta Salad
- Mozzarella, Tomato & Basil
- Mediterranean Orzo Salad
- Sweet Potato and Quinoa
- Chicken and Kale Caesar Pasta Salad

Soups

- Broccoli & Cheddar Soup
- Cheddar & Ale Soup
- Colcannon Kale Soup
- Double Beef Chili
- New England Clam Chowder
- Sausage, Kale & White Bean Soup
- Sweet Potato & Carrot Bisque
- Turkey Chili

Vegetarian, Vegan & Paleo Friendly

- Kale & White Bean Salad
- Santa Fe Black Bean & Corn (GF)
- Mediterranean Orzo



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