

Prepared Meals from our Kitchen



APM Classics & International Flavors

- American Shepherd's Pie
- Coconut Crunchy Shrimp
- Chicken & Chorizo Enchiladas
- Maryland Crab Cakes
- Pork Carnitas Grilled Quesadilla
- Ragin' Cajun Jambalaya
- Signature Grilled Steak Tips
- Shrimp Cocktail
- Southwest Grilled Quesadillas
- Swedish Meatballs

Italian Favorites

- Aunt Shirley's Meatballs
- Chicken Piccata
- Grilled Chicken Fresco
- Penne ala Vodka
- Shrimp Scampi Risotto
- Turkey Ricotta Meatballs
- Wild Mushroom Truffle Risotto

BBQ Central

- BBQ Pulled Pork
- BBQ Bacon Meatloaf
- BBQ Shredded Chicken
- Classic Baked Beans
- Mac & Cheese
- Smoked Baby Back Ribs
- Corn Bread Muffins

See next
page for
Salads,
Soups,
Vegan and
Paleo Foods



Items listed in green are lean meals / sides. VG = Vegan GF= Gluten Free LC=Low Carb

Please note: Supplies vary depending on demand and scheduled deliveries. This list is based on our current stock, it may be different by the weekend. You may call the store before you arrive to check on availability of specific items.

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Sides

- Cauliflower Artichoke Mash
- Steamed Broccoli
- Yukon Gold Mashed Potatoes

Dips

- Buffalo Bleu Cheese
- Fiesta Dip
- Spinach Artichoke

Salads & Slaws

- Apple Bacon Slaw
- BLT Pasta Salad
- Chicken & Kale Caesar Pasta Salad
- Chipotle Tortellini Salad
- Memphis Style Slaw
- Multi Grain Pistachio Salad
- Thai Peanut Noodles

Soups

- Turkey Chili
- Tomato Bisque

Vegetarian, Vegan & Paleo Friendly

- Broccoli & Quinoa Salad
- Kale & White Bean Salad
- Mediterranean Vegetable
- Sweet Potato & Quinoa Salad

Now found in our deli case

- Santa Fe Black Bean & Corn
- Mediterranean Orzo
- Mozzarella Tomato Basil



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