

Easy Garlic Chicken



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- 4 skinless boneless, chicken breast halves
 - 2 tsp garlic powder
 - 1 tsp salt
 - 1 tsp onion powder
 - 3 tbsp butter

Melt butter in a large skillet over medium-high heat. Add chicken and sprinkle with garlic powder, seasoning salt and onion powder. Sauté about 10-15 minutes on each side, or until chicken is cooked through (165°F internal minimum). Serve with your favorite APM sides or salads.