



# *Mediterranean Baked Chicken Breast*

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-2-8 oz. boneless chicken breasts

-1/4 cup olive oil

-salt & pepper

-1 clove garlic

-1/2 tsp oregano

-1/4 tsp thyme

-1/4 cup lemon juice

Preheat oven to 400°F. Season chicken breasts with salt and pepper on all sides and place in a bowl. Combine olive oil, lemon juice, garlic, oregano and thyme in a small bowl and pour marinade over chicken breasts. Marinate for 10 minutes at room temperature. Place chicken in a baking dish and top with marinade. Bake on middle rack for 35-45 minutes until center is no longer pink (about 155°F internal). Move to top rack and broil until brown (about 5 minutes, or until internal temperature reaches minimum of 165°F. Let rest for a few minutes then serve with grilled vegetables and enjoy!