Wings, the Avon Prime Way!

Methods work for any marinated or seasoned wings

Bake

-Preheat oven to 350°F
-Place wings on a cooking sheet lined with aluminum foil
-Cook at 350°F for 25-30 minutes, turning once about halfway through
-Let wings reach internal temp of 165°F
-Broil on high for 5 minutes for crispness

Grill

-Grill on medium-high for 8-10 minutes per side
-Make sure to coat grill and tongs with oil to prevent sticking

AVON
PRIME MEATS
GOURMET FOODS
& CATERING